

National Sports Center Skating School Rules

www.superrink.org

These rules have been developed to promote safety and consideration for all.

- Skaters 5 and under must wear a helmet. Bike helmets are acceptable as long as the back of the head is protected.
- Mittens or gloves are recommended for skaters to keep warm and dry.
- It is important for skaters to be warm, comfortable and have freedom of movement while skating. We suggest dressing in layers.

NO ONE IS ALLOWED ON THE ICE WITHOUT SKATES

- Please watch your skater from the comfort of the bleachers. Watching from the hockey boxes is a distraction to the classes and you will be asked to move.
- Parents/Guardians should not enter the teaching area during class time.
- Lessons should not be interrupted so that we can keep classes on time and each group will receive their scheduled lesson time.
- If you wish to speak to the coach, please leave your name, number and question at the front desk and the coach will contact you. You may also contact the skating director, Jane Schaber 763-717-3891, and she will assist you.

PRACTICE TIME

All registered skaters will receive an open skate pass equal to the length of their session at check-in on the first day of classes. We encourage skaters to practice their skills between their lesson times. Check our web site, www.superrink.org for the monthly schedule. Passes are non-replaceable and not valid on Theme Open Skate sessions.

Skill and Advancement

- Skaters will receive a name/skill badge on the first day of class. Skaters should keep this badge and wear it around their neck each week. There will be a \$10.00 fee to replace lost badges.
- The name/skill badge will match the color of the sign displayed in the corresponding class area.
- The color represents the coach and not the level of class being taught.
- Skaters name, class time and level will be indicated on the front of each badge.
- Required skills for the skater's level will be printed in the back of each badge. A punch will be placed next to each skill once it has been mastered.
- All skills must be punched in order to pass to the next level.
- If a skater masters all the skills at their current level they will move up to the next level. We will move skaters during a session. However, skaters will not be moved during the last two weeks of classes.
- It is not uncommon for a skater to repeat a level.

**Contact the NSC Skating School Director, Jane Schaber with any questions or concerns.
Phone: 763-717-3891 or E-mail: jschaber@superrink.org**